Standard 2B Ohio Physical Education Assessment

**Name\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Circle the correct answer**

1. When you hop, it means that you start on one foot and land on the same foot.

True False

2. When you slide, you keep the same lead foot as you move sideways.

True False

3. When you skip, a different foot leads each time.

True False

4. When dribbling a basketball, you should always be looking at the ball.

True False

5. To do a Forward Roll, take the weight on your hands and place your head on the mat.

True False

6. When dribbling a soccer ball, you should kick the ball far out in front of you.

True False

7. When rolling a ball, you should release the ball at the bottom of your forward swing.

True False

8. If you want to hit a ball further with your hand or a paddle, you should use a bigger

back swing.

True False

9. When you toss underhand, you step forward with the same foot as your tossing arm.

True False

10. When throwing to someone close to you, use a short backswing.

True False