K-12

SLOs aligned with ODE PE Assessments 1A or 1B

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|  | **Pre Control**No control, haphazard, accidental success, no two tries look alike | **Control**More frequent success, tries begin to look alike, requires intense concentration | **Utilization**Skill is ready to use in combination with other skills, consistent performance | **Proficiency**High level of ability, fluid, useable in various situations, movement seems effortless |
| NAME | 1No two tries look alike | 2Consistency of form across two tries | 3Consistent form with concentration, variable success of outcome | 4Consistent form and successful outcomes | 5Skill can be combined with another skill | 6Skill can be combined with multiple other skills | 7Effortless performance in applied situations | 8Effortless performance across a variety of applied situations |
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