

Standard	K-2	3-5	6-8	9-12
<b>Standard 1:</b> Motor Skills and Movement Patterns	A: Locomotor and non-locomotor skills	A: Combine locomotor and non-locomotor into movement patterns	A: Movement skills and patterns in a variety of activities	A: Combined movement skills and patterns in authentic settings
	B: Fundamental manipulative skills	B: Fundamental manipulative skills in basic settings	B: Specialized manipulative skills in a variety of settings	B: Specialize manipulative skills in a variety of settings
<b>Standard 2:</b> Knowledge of movement concepts, principles, strategies and tactics	A: Knowledge of movement concepts	A: Movement concepts and principles of movement	A: Apply tactical concepts and performance principles	A: Apply tactical concepts and performance principles in authentic settings
	B: Knowledge of critical elements	B: Knowledge of critical elements	B: Knowledge of critical elements and biomechanical principles	B: Apply biomechanical principles
<b>Standard 3:</b> Participates in physical activity	A: Engage in physical activity (PA) inside and outside of school	A: Engage in PA inside and outside of school	A: Engage in PA inside and outside of school	A: Engage in PA inside and outside of school
	B: Recall physical activities	B: Self-monitor PA	B: Create and monitor a personal plan for PA	B: Create and monitor a personal plan for PA
<b>Standard 4:</b> Health-enhancing level of fitness	A: Demonstrate health-related fitness	A: Demonstrate health-related fitness	A: Demonstrate health-related fitness	A: Demonstrate health-related fitness
	B: Understand principles, components and practices	B: Understand principles, components and practices	B: Understand principles, components and practices	B: Understand principles, components and practices
<b>Standard 5:</b> Personal and social behavior	A: Follow safe procedures	A: Safety and personal responsibility	A: Safety and personal responsibility	A: Safety and Etiquette
	B: Cooperation and consideration of others	B: Cooperation and respect	B: Communicate and respect others	B: Communication and social responsibility
<b>Standard 6:</b> Values physical activity	A: Enjoyment	A: Self-challenge and enjoyment	A: Self-challenge and personal growth	A: Use PA to promote growth, goal setting and enjoyment
	B: Physical Activity promotes self-expression and social interaction	B: Appreciate physical activities	B: Select PA that promote self-expression and interaction	B: Pursue PA that promote self-expression and social interaction