**OAHPERD 2012**

***Ohio Physical Education Assessments 2012-2013***

***Are You Feeling Left Behind?***

***Standard 2***

Grade Band K-2

Benchmark A:

* **Levels:** Move at high, medium, or low levels. To the beat of the drum change level you are moving at. What animals move at different levels? Pretend to be animals at different levels. Toss and catch to self, toss at one level catch at a different level.
  + **Level Tag:** Red ball = high level, yellow ball = middle level, green ball = low level. Just like a traffic light.
    - **Ext.** hula hoop, move hula-hoop at low, middle, high levels.
* **Space:** Move in self and/or general space. To the beat of the drum move in self space, then general space. Inside a bubble (hula-hoop) is your self-space. Try not to pop your bubble.
  + **Bubble Tag:** Hula hoops are scattered outside the boundaries. If you get tagged by the tagger w/ the ball you have to go inside a bubble and move inside the bubble/self-space and until you are tagged by a noodle tagger which means you get to move in general space. Extension = take the hula-hoops away.
* **Distance:** Keep an object/person close or further away. Dribbling with feet keeping ball close vs. kicking the ball far. Volley a balloon/ball to self-keeping object close vs. striking object to partner or wall. Tossing to self vs. throwing to partner or target. Moving like penguins (huddle close to stay warm) vs. Galloping horse who like to stay far away and have their own space to gallop.
* **Effort:** Throw, push or pull hard or soft. Body movements, stomping like elephants (hard/heavy), blowing like a leaf in the air (soft/light). Tossing to a target close vs. tossing/throwing far away. Pushing or pulling on a scooter.
* **Speed:** Move quickly or slowly. Have students move around in self or general space to different drum beats/ music that changes fast and slow.
  + **Traffic Tag:** Red ball = stop, yellow ball = slow/walk, green ball = fast/run.

Grade Band 3-5

Benchmark A:

**2 square and 4 square**

* **Positioning:** recover back and to the middle, light on feet, ready position (knees bent, hands out in front, on the balls of our feet), moves feet to allow ball to hit inside square
* **Decision-making-skill selection:** 2 hand underhand motion, serves bounce hit, hits to correct square when serving. Hits to open spaces, hits to player’s feet.